

This email is being sent to all of the Superintendents, Board of Managers Members and Bookkeepers we have on file for the Egyptian Trust. If you received this email in error please forward to the appropriate party and contact Yvonne Gamble, [Yvonne.Gamble@meritain.com](mailto:Yvonne.Gamble@meritain.com) at the Metro East Service Office of Meritain Health to update the contact information.

Dear Participating Employer Group:

Please see the attached Fall 2016 Newsletter.

We have also attached an announcement for the newsletter should you wish to post the availability of the newsletter to your employees.

The Egyptian Trust continues to opt out of full compliance with the federal Mental Health Parity law. As a nonfederal governmental plan, the Trust has the right to opt out of compliance with this law. Until final regulations are issued, the Board has chosen to wait to make a decision on whether and how to change the mental health and substance abuse benefits provided under the Plans. To opt out, you are required to provide the attached notice to new enrollees and current participants explaining the decision to opt out of the parity requirements.

Have a wonderful Fall,  
Maria

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Our Values: Integrity, Excellence, Inspiration, Caring