

Dear Employee:

You are receiving this letter as our records indicate you are currently enrolled in one of the Egyptian Trust health plans. Being an enrolled member offers you access to Teladoc, 24/7 access to medical doctors. Enclosed is a fob for your key chain that may allow you quicker and easy access to Teladoc.

We also remind you of the following benefits of Teladoc as noted below.

### **Get the medical advice you need, when you need it**

Sometimes you need to speak with a doctor when it's not possible to attend an office visit. That's why the Teladoc program is available to you and your family, and can be used in a variety of ways:

- During weekends, holidays or after business hours, when general practitioners don't typically schedule appointments.
- When you can't attend a medical appointment, such as when traveling or at work.
- If you need a prescription medication or refill for a common condition.

You can call a Teladoc physician at 1.800.362.2667.

*\*Please note a call to Teladoc does not assure you a prescription will be ordered.*

### **The Teladoc program provides more than just on-demand medical support**

This convenient program is available, free of charge, and can help you to:

- **Save time.** Avoid waiting for an appointment or sitting in a doctor's office.
- **Save money.** You'll realize dramatic savings compared with an office or ER visit.
- **Get healthier.** Teladoc's network of U.S.-based, board-certified doctors are on-hand to provide you with the best medical care and advice available.
- **Gain peace of mind.** Get medical support, when you need it, as often as you need it.

### **There's more than one way to contact a physician**

- **By phone.** You can reach doctors by phone at 1.800.362.2667.
- **Online.** If you prefer, you can also request a video consultation online at [www.MyDrConsult.com](http://www.MyDrConsult.com).
- **On the go.** To reach a doctor while you're on the go, you can download the mobile app for your mobile device. To download, visit the App Store or Google Play.

### **Common conditions treated:**

- |                       |                            |
|-----------------------|----------------------------|
| ○ Cold/flu            | ○ Stomach ache/diarrhea    |
| ○ Allergies           | ○ Respiratory infections   |
| ○ Sinus infections    | ○ Urinary tract infections |
| ○ Bronchitis          | ○ Many other condition     |
| ○ Headaches/migraines |                            |

Also, remember for any health event, please contact the Care Coordinators at 855.452.9997. As your employer we are not authorized to discuss any of your health situations without a fully completed and signed HIPAA authorization. The Care Coordinators are your one stop resource for any questions you may have about the health or prescription drug program.

Sincerely,