



If you are enrolled in one of the Egyptian Trust Health Plans you have access to Consult a Doctor. You do not need your Health Plan ID card in hand in order to use this program. However, you will need to active your account with Consult a Doctor in order to use this program. In addition, covered employees are required to activate his/her account before covered dependents can be registered. Please follow the instructions below to active the employee and dependent accounts.

How to activate your Consult A Doctor™ account

Online:

1. Go to www.MyDrConsult.com.
2. Click “Activate Account.”
3. Enter the first name, last name, date of birth and gender of the primary member.
4. Click “Validate.”
5. Create a username and password for the account.

By phone:

1. Call 1-800-DOC-CONSULT (1-800-362-2667).
2. Provide the first name, last name, date of birth and gender of the primary member.
3. You may also register dependents at this time by providing their first name, last name, date of birth and gender.
4. Create a username and password for the account. (The primary member may opt to create the usernames and passwords for the dependents at this time as well.)

Registering dependents

The primary member must activate his/her account before dependents can be registered. Only the primary member can register dependents.

Online:

1. Go to www.MyDrConsult.com
2. Click “Activate Account.”
3. Enter the dependent’s first name, last name, date of birth and gender.
4. Click “Validate.”
5. Create a username and password for the account.

By phone:

1. Call 1-800-DOC-CONSULT (1-800-362-2667)
2. Provide the dependent’s first name, last name, date of birth and gender
3. Create a username and password for the account.