



2011 Express Scripts National Preferred Preventive Drug List by Therapy Class

Prescription Drugs: You Make the Choices, We Make it Easy

Preventive Prescription Drugs: A Good Choice

Prescription drugs that can help keep you from developing a health condition are called *preventive prescription drugs*. They can help you maintain your quality of life and avoid expensive treatment, helping to reduce your overall healthcare costs.

If your doctor prescribes a preventive prescription drug, you pay only a percentage of the total cost – right from the beginning.

Is Your Drug a Preventive Prescription Drug?

The following is a list of the most commonly prescribed preventive drugs. The list is not all-inclusive and does not guarantee coverage. Not all the drugs listed are covered by all prescription-drug benefit programs; check your benefit materials for the specific drugs covered and the copayment information for your prescription-drug benefit program.

For the member: Generic drugs are listed in lower case letters. Example: atenolol. Generic medications contain the same active ingredients as their corresponding brand-name medications, although they may look different in color or shape. They have been FDA-approved under strict standards.

Brand-name drugs are listed in CAPITAL letters. Example: TENORMIN. In addition to using this list, you are encouraged to ask your doctor to prescribe generic drugs whenever appropriate.

Some drugs are marked with a symbol “*”. The symbol * next to a drug signifies subject to nonpreferred status when generic is available throughout the year.

For the physician: Please prescribe preferred (Best Buy) products and allow generic substitutions when medically appropriate. Thank you.

NOTE: This list does not indicate coverage. You or your doctor may be asked to prove that the drug you're taking is being used for prevention. This list does not include all conditions that may be prevented with preventive prescription drugs or all preventive drugs available. Your plan sponsor believes that these drugs satisfy the requirements for preventive care as outlined by the U.S. Treasury Department but cannot ensure that the Treasury Department would agree that all of these drugs satisfy the definition of preventive care.

BEST BUY MEDICATIONS

The following list of drugs represents the preferred medications under the Preventive care list. Preferred medications are generic or brand-name drugs available to members at the lower cost.

ANTINEOPLASTIC/ IMMUNOSUPPRESSANT DRUGS

Antiastrogens
tamoxifen citrate
Aromatase Inhibitors
anastrozole
AROMASIN*
FEMARA*

ANTIVIRAL DRUGS

Influenza Agents
RELENZA
rimantadine hcl
TAMIFLU

CARDIOVASCULAR MEDICATIONS

ACE Inhibitors
benazepril hcl
captopril
enalapril maleate
fosinopril sodium
lisinopril
moexipril hcl
quinapril hcl
trandolapril
**ACE Inhibitors & Calcium
Channel Blocker Combinations**
amlodipine besylate-benazepril

trandolapril-verapamil
**ACE Inhibitors &
Thiazide/Thiazide-Like**
benazepril hcl-hctz
captopril-hydrochlorothiazide
enalapril maleate-hctz
fosinopril-hydrochlorothiazide
lisinopril-hydrochlorothiazide
moexipril-hydrochlorothiazide
quinapril-hydrochlorothiazide
**Adrenolytics-Central &
Thiazide Combinations**
methyldopa-hydrochlorothiazide

**Angiotensin II Receptor
Antagonists**
BENICAR
DIOVAN
losartan

**Angiotensin II Receptor
Antagonists & Thiazides**
BENICAR HCT
DIOVAN HCT

**Angiotensin II Receptor
Antag & Ca Channel Blocker
Combinations**
EXFORGE

**Antiadrenergic
Antihypertensives**
clonidine
guanabenz acetate
guanfacine hcl

**Beta Blocker & Diuretic
Combinations**
atenolol-chlorthalidone
bisoprolol-hydrochlorothiazide
metoprolol-hydrochlorothiazide
nadolol-bendroflumethiazide
propranolol hcl w/hctz

Beta Blockers
acebutolol hcl
atenolol
betaxolol hcl
bisoprolol fumarate
COREG CR
labetalol hcl
LEVATOL
metoprolol succinate
metoprolol tartrate
nadolol
pindolol
propranolol hcl

Calcium Channel Blockers
afeditab cr
amlodipine besylate
CARTIA XT
DILT-CD
DILTIA XT
diltiazem er
diltiazem hcl
DILT-XR
DYNACIRC CR
felodipine er
isradipine
nicardipine hcl

nifediac cc
nifedical xl
nifedipine er
SULAR
verapamil er
verapamil hcl
**Direct Renin Inhibitors
& Combos**
TEKTURNA
TEKTURNA HCT

Diuretics
amiloride hcl
amiloride hcl-hctz
bumetanide
chlorthalidone
eplerenone
furosemide
hydrochlorothiazide
indapamide
methylothiazide
spironolactone
spironolactone-hctz
torsemide
triamterene-hctz
HMG CoA Reductase Inhibitors
CRESTOR
LIPITOR*
lovastatin
pravastatin sodium
simvastatin
Hypolipoproteinemics
ADVICOR

cholestyramine
cholestyramine light
colestipol hcl
fenofibrate
gemfibrozil
LOVAZA
NIASPAN
prevalite
WELCHOL
ZETIA

ENDOCRINE MEDICATIONS

Antidiabetic - Amylin Analogs
SYMLIN

Biguanides
FORTAMET
metformin hcl
metformin hcl er
RIOMET

Calcium Regulators
ACTONEL
ACTONEL WITH CALCIUM
alendronate
BONIVA tablet
FORTEO
RECLAST

Diabetic Other
GLUCAGEN
GLUCAGON EMERGENCY KIT
PROGLYCEM

(continued)

THIS DOCUMENT LIST IS EFFECTIVE JANUARY 1, 2011 THROUGH DECEMBER 31, 2011. THIS LIST IS SUBJECT TO CHANGE.

Check your benefit materials for copayment information. Copayments vary based on formulary status.

For specific questions about your coverage, please call the phone number printed on your ID card.

You can get more information and updates to this document at our website at www.express-scripts.com.

Dipeptidyl Peptidase-4 Inhibitors & Combos

JANUMET
JANUVIA

Incretin Mimetic Agents

BYETTA

Insulin

HUMALOG
HUMALOG MIX 50/50
HUMALOG MIX 75/25
HUMULIN
HUMULIN 70/30
HUMULIN R
LANTUS cartridge, solostar
LANTUS vial
LEVEMIR
NOVOLIN
NOVOLOG
NOVOLOG MIX 70/30

Insulin Sensitizing Agents

ACTOS
AVANDIA

Meglitinide Analogues

PRANDIN

Sulfonylurea-Biguanide

Combinations
glipizide-metformin
glyburide-metformin hcl

Sulfonylureas

glimepiride
glipizide
glipizide er
glyburide
glyburide micronized
tolazamide
tolbutamide

Sulfonylurea-Thiazolidinedione

Combinations

AVANDARYL
DUETACT

Thiazolidinedione-Biguanide

Combinations
ACTOPLUS MET
AVANDAMET

IMMUNOLOGICALS & VACCINES

Antiasthmatic - Monoclonal Antibodies

XOLAIR

Antimalarials

MALARONE*
mefloquine hcl

Antiviral Monoclonal Antibodies

SYNAGIS

Immunologicals & Vaccines

ACTHIB
ATTENUVAX VACCINE
W/DILUENT
COMVAX
DECAVAC
ENGERIX-B
FLUMIST
HAVRIX
HEPAGAM B
HYPERHEP B S/D
HYPERRAB S/D
HYPERRHO S/D
HYPERTETS/D
IMOGAM RABIES-HT
IMOVAX RABIES VACCINE
INFANRIX
IPOL
MENAECTRA
MENOMUNE-A/C/Y/W-135
MERUVAX II VACCINE
W/DILUENT
M-M-R II VACCINE W/DILUENT
MUMPSVAX VACCINE
W/DILUENT
PEDVAXHIB

PNEUMOVAX 23
PREVNAR
RABAVERT
RECOMBIVAX HB
TETANUS TOXOID (FLUID)
tetanus toxoid adsorbed
TWINRIX
VAQTA
VARIVAX VACCINE

NUTRITION & BLOOD MODIFIERS

Coumarin Anticoagulants

jantoven
warfarin sodium

Folic Acid/Folates

folic acid

Hematorheologic Agents

pentoxifylline

Ped Mv W/ Fluoride

pediatric multi-vit w/fluoride
pediatric multi-vit w/fluoride & iron

Platelet Aggregation

Inhibitors

AGGRENOX
cilostazol
dipyridamole
EFFIENT
PLAVIX

OBSTETRICAL & GYNECOLOGICAL MEDICATIONS

Hormone Receptor Modulators

EVISTA

Prenatal Vitamins

prenatal vitamin (generic)

RESPIRATORY MEDICATIONS

Adrenergic Combinations

COMBIVENT
ipratropium-albuterol

Anti-Inflammatory Agents

cromolyn sodium

Beta Adrenergics

albuterol
albuterol sulfate
FORADIL
PROAIR HFA
SEREVENT
terbutaline sulfate
VENTOLIN HFA
XOPENEX

Bronchodilators -

Anticholinergics
ATROVENT HFA
ipratropium bromide
SPIRIVA

Leukotriene Modulators

SINGULAIR

Steroid Inhalants

ADVAIR DISKUS
ADVAIR HFA
FLOVENT DISKUS
FLOVENT HFA
QVAR
SYMBICORT

Xanthines

aminophylline
theophylline

DIABETIC SUPPLIES

Diagnostic Tests

ASCENSIA/GLUCOMETER
strips and meters
ONE TOUCH strips and meters
PRECISION XTRA

OTHER PREVENTIVE MEDICATIONS

The following section lists the nonpreferred medications. These are drugs that are available to the member at a higher cost.

A	GLUCOVANCE	PROVENTIL HFA
ACCOLATE	GLUMETZA	PULMICORT
ACCU-CHEK	GLYNASE	
strips and meters	GLYSET	Q
ACCUNEB		QUESTRAN
ACCURETIC	H	QUESTRAN LIGHT
ADALAT CC	HYZAAR	quinaretic
AEROBID		R
AEROBID-M	I	RHOGAM
ALTOPREV	INDERAL LA	RHOPHYLAC
AMARYL	INNOPRAN XL	
ANTARA	INSPRA	
APIDRA	ISOPTIN SR	S
ARIMIDEX		SECTRAL
ATACAND	K	STARLIX
ATACAND HCT	KERLONE	
AVALIDE		T
AVAPRO	L	TARKA
	LASIX	TENORETIC 100
B	LESCOL	TENORETIC 50
BROVANA	LESCOL XL	TENORMIN tablet
	LIPOFEN	TEVETEN
C	LOFIBRA	TEVETEN HCT
CADUET*	LOPID	TIAZAC
CALAN SR	LOPRESSOR	TOPROL XL
CARDENE	LOPRESSOR HCT	TRANDATE
CARDENE SR	LOTENSIN HCT	TRICOR*
CARDIZEM		TRIGLIDE
CARDIZEM CD	M	TRUETRACK
chlorpropamide	MAXAIR AUTOHALER	strips and meters
COLESTID	METAGLIP	U
COREG	MIACALCIN nasal spray	UNIRETIC
CORGARD	MICARDIS	
CORZIDE	MICARDIS HCT	V
COUMADIN tablets	MICRHOGAM	VASERETIC
COVERA-HS	MICRONASE	VERELAN
COZAAR	MONOPRIL HCT	VYTORIN
D	N	
DIABETA	NABI-HB	W
DILACOR XR	NORVASC	WINRHO SDF
DUONEB		
F	P	X
FOSAMAX PLUS D	PLENDIL	XOPENEX HFA
	PRAVACHOL	
	PRECISION QID	Z
G	strips and meters	ZEBETA
GAMASTAN S/D	PRECOSE	ZESTORETIC
GLUCOPHAGE	PRESTIGE SMART	ZIAC
GLUCOPHAGE XR	strips and meters	ZYFLO
GLUCOTROL	PRINZIDE	
GLUCOTROL XL	PROCARDIA XL	

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