



## 2010 Express Scripts National Preferred Preventive Drug List by Therapy Class

### Prescription Drugs: You Make the Choices, We Make it Easy

#### Preventive Prescription Drugs: A Good Choice

Prescription drugs that can help keep you from developing a health condition are called *preventive prescription drugs*. They can help you maintain your quality of life and avoid expensive treatment, helping to reduce your overall healthcare costs.

If your doctor prescribes a preventive prescription drug, you pay only a percentage of the total cost – right from the beginning.

#### Is Your Drug a Preventive Prescription Drug?

The following is a list of the most commonly prescribed preventive drugs. The list is not all-inclusive and does not guarantee coverage. Not all the drugs listed are covered by all prescription-drug benefit programs; check your benefit materials for the specific drugs covered and the copayment information for your prescription-drug benefit program.

**For the member:** Generic drugs are listed in lower case letters. Example: atenolol. Generic medications contain the same active ingredients as their corresponding brand-name medications, although they may look different in color or shape. They have been FDA-approved under strict standards.

Brand-name drugs are listed in CAPITAL letters. Example: TENORMIN. In addition to using this list, you are encouraged to ask your doctor to prescribe generic drugs whenever appropriate.

Some drugs are marked with a symbol “\*”. The symbol \* next to a drug signifies subject to nonpreferred status when generic is available throughout the year.

**For the physician:** Please prescribe preferred (Best Buy) products and allow generic substitutions when medically appropriate. Thank you.

**NOTE:** This list does not indicate coverage. You or your doctor may be asked to prove that the drug you're taking is being used for prevention. This list does not include all conditions that may be prevented with preventive prescription drugs or all preventive drugs available. Your plan sponsor believes that these drugs satisfy the requirements for preventive care as outlined by the U.S. Treasury Department but cannot ensure that the Treasury Department would agree that all of these drugs satisfy the definition of preventive care.

### BEST BUY MEDICATIONS

The following list of drugs represents the preferred medications under the Preventive care list. Preferred medications are generic or brand-name drugs available to members at the lower cost.

#### ANTINEOPLASTIC/ IMMUNOSUPPRESSANT DRUGS

ARIMIDEX\*  
AROMASIN  
FEMARA  
tamoxifen citrate  
THERACYS

#### ANTIVIRAL DRUGS

rimantadine hcl  
TAMIFLU

#### CARDIOVASCULAR MEDICATIONS

##### ACE Inhibitors & HCT Combos

benazepril hcl  
captopril  
enalapril maleate  
fosinopril sodium  
lisinopril  
moexipril hcl  
quinapril hcl  
trandolapril

##### Angiotensin II Receptor Antagonists & HCT Combos

COZAAR\*  
DIOVAN

##### Antiarrhythmics

sorine

##### Beta-Adrenergic Antagonists

acebutolol hcl  
atenolol  
betaxolol hcl  
bisoprolol fumarate  
COREG CR\*  
labetalol hcl  
LEVATOL  
metoprolol succinate  
metoprolol tartrate  
nadolol  
pindolol  
propranolol hcl  
timolol maleate

##### Calcium Antagonists

afeditab cr  
amlodipine besylate  
amlodipine besylate-benazepril  
atenolol-chlorthalidone  
benazepril hcl-hctz  
bisoprolol fumarate-hctz  
captopril-hydrochlorothiazide  
cartia xt  
CLORPRES  
dilt-cd  
diltia xt  
diltiazem er  
diltiazem hcl  
dilt-xr

DIOVAN HCT  
DYNACIRC CR  
enalapril maleate-hctz  
EXFORGE  
felodipine er  
fosinopril-hydrochlorothiazide  
hydra-zide  
HYZAAR\*  
isradipine  
lisinopril-hctz  
LOTREL  
methyldopa-hydrochlorothiazide  
metoprolol-hydrochlorothiazide  
moexipril-hydrochlorothiazide  
nadolol-bendroflumethiazide  
nicardipine hcl  
nifediac cc  
nifedical xl  
nifedipine er  
nimodipine  
propranolol hcl w/hctz  
quinapril-hydrochlorothiazide  
quinaretic  
SULAR  
taztia xt  
verapamil er  
verapamil er pm  
verapamil hcl  
VERELAN PM

##### Centrally Acting Antihypertensives

clonidine  
clonidine hcl  
guanabenz acetate  
guanfacine hcl

##### Diuretics

amiloride hcl  
amiloride hcl-hctz  
bumetanide  
furosemide  
spironolactone  
spironolactone-hctz  
torsemide  
triamterene-hctz

##### HMG-CoA Combinations

ADVICOR  
VYTORIN

##### HMG-CoA Reductase Inhibitors

CRESTOR  
LIPITOR  
lovastatin  
pravastatin sodium  
simvastatin

##### Hypolipoproteinemics

cholestyramine  
cholestyramine light  
colestipol hcl  
fenofibrate  
gemfibrozil  
LOVAZA

NIASPAN  
prevalite  
WELCHOL  
ZETIA

##### Other Antihypertensives

TEKTURNA  
TEKTURNA HCT

##### Other Cardiovascular Drugs

isoproterenol hcl  
pentoxifylline

##### Thiazide & Related Drugs

chlorothiazide  
chlorthalidone  
DIURIL SODIUM  
hydrochlorothiazide  
indapamide  
methylclothiazide  
metolazone

##### ENDOCRINE MEDICATIONS

##### Amylin Analogues

SYMLIN

##### DPP4 Inhibitors & Combos

JANUMET  
JANUVIA

##### Glucose Elevating Drugs

GLUCAGON  
GLUCAGON EMERGENCY KIT  
PROGLYCEM

(continued)

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### **Incretin Mimetics**

BYETTA

### **Insulins**

glimepiride  
glipizide  
glipizide er  
glipizide xl  
glipizide-metformin  
glyburide  
glyburide micronized  
glyburide-metformin hcl  
HUMALOG  
HUMALOG MIX 50/50  
HUMALOG MIX 75/25  
HUMULIN  
HUMULIN 70/30  
HUMULIN R  
LANTUS cartridge, solostar  
LANTUS vial  
LEVEMIR  
metformin hcl  
metformin hcl er  
NOVOLIN  
NOVOLOG  
NOVOLOG MIX 70/30  
PRANDIN  
tolazamide  
tolbutamide

### **Insulin Sensitizers & Combos**

ACTOPLUS MET  
ACTOS  
AVANDAMET  
AVANDARYL  
AVANDIA  
DUETACT

### **Other Endocrine Drugs**

ACTONEL  
ACTONEL WITH CALCIUM  
BONIVA tablet  
FORTEO  
fortical  
RECLAST

### **IMMUNOLOGICALS & VACCINES**

ACTHIB  
APLISOL  
ATTENUVAX VACCINE  
W/DILUENT  
COMVAX  
DECAVAC  
ENGERIX-B  
HAVRIX  
HEPAGAM B  
HIBTITER  
HYPERHEP B S/D  
HYPERRAB S/D  
HYPERRHO S/D  
HYPERTETS/D  
IMOGAM RABIES-HT  
IMOVAX RABIES VACCINE  
INFANRIX  
IPOL  
MENACTRA  
MENOMUNE-A/C/Y/W  
W/DILUENT VL  
MENOMUNE-A/C/Y/W-135  
MERUVAX II VACCINE  
W/DILUENT  
M-M-R II VACCINE W/DILUENT  
MUMPSVAX VACCINE  
W/DILUENT  
PEDVAXHIB  
PNEUMOVAX 23  
PREVNAR  
RABAVERT  
RECOMBIVAX HB  
SYNAGIS  
TETANUS TOXOID (FLUID)  
tetanus toxoid adsorbed  
TICE BCG

TUBERSOL  
TWINRIX  
VAQTA  
VARIVAX VACCINE  
XOLAIR

### **NUTRITION & BLOOD MODIFIERS**

#### **Antiplatelet Drugs**

AGGRENOX  
cilostazol  
dipyridamole  
PLAVIX

#### **Oral Anticoagulants, Vitamin K**

jantoven  
warfarin sodium

#### **Therapeutic Vitamins & Minerals**

folic acid  
multi-vit w/fluoride & iron

### **OBSTETRICAL & GYNECOLOGICAL MEDICATIONS**

#### **Prenatal Vitamins**

prenatal vitamin (generic)

#### **Selective Estrogen Receptor Modulator**

EVISTA

### **RESPIRATORY MEDICATIONS**

#### **Beta 2 Adrenergic Drugs**

albuterol  
albuterol sulfate  
FORADIL  
metaproterenol sulfate  
PROAIR HFA  
SEREVENT  
terbutaline sulfate  
VENTOLIN HFA  
XOPENEX  
XOPENEX HFA

#### **Leukotriene Modifiers**

SINGULAIR

#### **Methyl Xanthine Drugs**

aminophylline  
copd  
dyflex-g  
dy-g liquid  
dylis  
dyphylline gg  
ed-bron g  
theochron  
theophylline  
theophylline anhydrous

#### **Other Drugs for Asthma**

ADVAIR DISKUS  
ADVAIR HFA  
ATROVENT HFA  
COMBIVENT  
cromolyn sodium  
epinephrine  
FLOVENT  
FLOVENT DISKUS  
FLOVENT HFA  
INTAL inhaler  
ipratropium bromide  
ipratropium-albuterol  
QVAR  
SPIRIVA  
SYMBICORT

### **DIABETIC SUPPLIES**

ASCENSIA/GLUCOMETER  
strips and meters  
ONE TOUCH strips and meters  
PRECISION XTRA

## **OTHER PREVENTIVE MEDICATIONS**

The following section lists the nonpreferred medications. These are drugs that are available to the member at a higher cost.

### **A**

ACCOLATE  
ACCU-CHEK  
strips and meters  
ACCUNEB  
ACUPRIL  
ACCURETIC  
ACEON  
ADALAT CC  
ADRENALIN CHLORIDE  
AEROBID  
AEROBID-M  
ALDACTAZIDE  
ALDACTONE  
ALTACE  
ALTOPREV  
ALUPENT  
AMARYL  
ANTARA  
APIDRA  
ASMANEX  
ATACAND  
ATACAND HCT  
AVALIDE  
AVAPRO  
AZMACORT

### **B**

BENICAR  
BENICAR HCT  
BETAPACE  
BETAPACE AF  
BRONCOMAR-1  
BROVANA  
BUMEX

### **C**

CADUET  
CALAN  
CALAN SR  
CAPOTEN  
CAPOZIDE  
CARDENE  
CARDENE SR\*  
CARDIZEM  
CARDIZEM CD  
CARDIZEM LA  
chlorpropamide  
COLESTID  
COREG  
CORGARD  
CORZIDE  
COUMADIN tablets  
COVERA-HS

### **D**

DEMADEX  
DIABETA  
DIFIL-G  
DIFIL-G FORTE  
DILACOR XR  
DILEX-G  
DILEX-G 200  
DILEX-G 400  
DIURIL  
DUONEB  
DYAZIDE  
DYRENIUM

### **E**

EDECIN  
ELIXOPHYLLIN

### **F**

FLUMADINE  
FLUMIST  
FORTAMET  
FOSAMAX  
FOSAMAX PLUS D

### **G**

GAMASTAN S/D  
GLUCOPHAGE  
GLUCOPHAGE XR  
GLUCOTROL  
GLUCOTROL XL  
GLUCOVANCE  
GLUMETZA  
GLYNASE  
GLYSET

### **I**

INDERAL  
INDERAL LA  
INNOPRAN XL  
INSPIRA  
INTAL neb solution  
ISOPTIN SR  
ISUPREL

### **K**

KERLONE

### **L**

LASIX  
LESCOL  
LESCOL XL  
LIPOFEN  
LOFIBRA  
LOPID  
LOPRESSOR  
LOPRESSOR HCT  
LOTENSIN  
LOTENSIN HCT  
LUFYLLIN  
LUFYLLIN-GG

### **M**

MAVIK  
MAXAIR AUTOHALER  
MAXZIDE  
MAXZIDE-25MG  
METAGLIP  
MEVACOR  
MIACALCIN nasal spray  
MICARDIS  
MICARDIS HCT  
MICRHOGAM  
MICRONASE  
MICROZIDE  
MONOPRIL  
MONOPRIL HCT

### **N**

NABI-HB  
NATURETIN-5  
NORVASC

### **P**

PLENDIL  
PRAVACHOL  
PRECISION QID  
strips and meters  
PRECOSE  
PRESTIGE SMART  
strips and meters  
PRINIVIL  
PRINZIDE  
PROCARDIA  
PROCARDIA XL  
PROVENTIL  
PROVENTIL HFA  
PULMICORT

### **Q**

QUESTRAN  
QUESTRAN LIGHT

### **R**

RELENZA  
RHOGAM  
RHOPHYLAC  
RIOMET

### **S**

SECTRAL  
STARLIX

### **T**

TARKA\*  
TENORETIC 100  
TENORETIC 50  
TENORMIN tablet  
TEVETEN  
TEVETEN HCT  
THALITONE  
THEO-24  
TIAZAC  
TICLID  
TOPROL XL  
TRANDATE  
TRICOR  
TRIGLIDE  
TRUETRACK  
strips and meters

### **U**

UNIPHYL  
UNIURETIC  
UNIVASC

### **V**

VASERETIC  
VASOTEC  
VERELAN  
VOSPIRE ER

### **W**

WINRHO SDF

### **Z**

ZAROXOLYN  
ZEBETA  
ZESTORETIC  
ZESTRIL  
ZIAC  
ZOCOR  
ZYFLO\*

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